

2016-2017  
NCHSAA  
Tennis Session

# Important Dates – Women's



1 <sup>st</sup> Day of Practice	August 1st
1 <sup>st</sup> Play Date	August 15th
DT Reporting Deadline (6:00 AM)	October 17th
1 <sup>st</sup> Round	October 18th
2 <sup>nd</sup> Round	October 25th
3 <sup>rd</sup> Round	October 31st
Regional Finals	November 2nd
State Championship	November 5th
Ind. Reporting Deadline (3:00 PM)	October 17th
Ind. Regional Tournament	October 20-22
Ind. State Tournament	October 28-29



# Important Dates – Men's



1 <sup>st</sup> Day of Practice	February 13th
1 <sup>st</sup> Play Date	February 27th
DT Reporting Deadline (6:00 AM)	May 1st
1 <sup>st</sup> Round	May 2nd
2 <sup>nd</sup> Round	May 9th
3 <sup>rd</sup> Round	May 15th
Regional Finals	May 17th
State Championship	May 20th
Ind. Reporting Deadline (3:00 PM)	May 1st
Ind. Regional Tournament	May 5-6
Ind. State Tournament	May 12-13



# Board Approved Items

- ✦ Full Roster, Schedule, and Results MUST be entered into MaxPreps in 2016-17
- ✦ Incomplete Schedule/Results will result in teams being ineligible for dual team playoffs
- ✦ MaxPreps – Megan Nelson

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# Board Approved Items

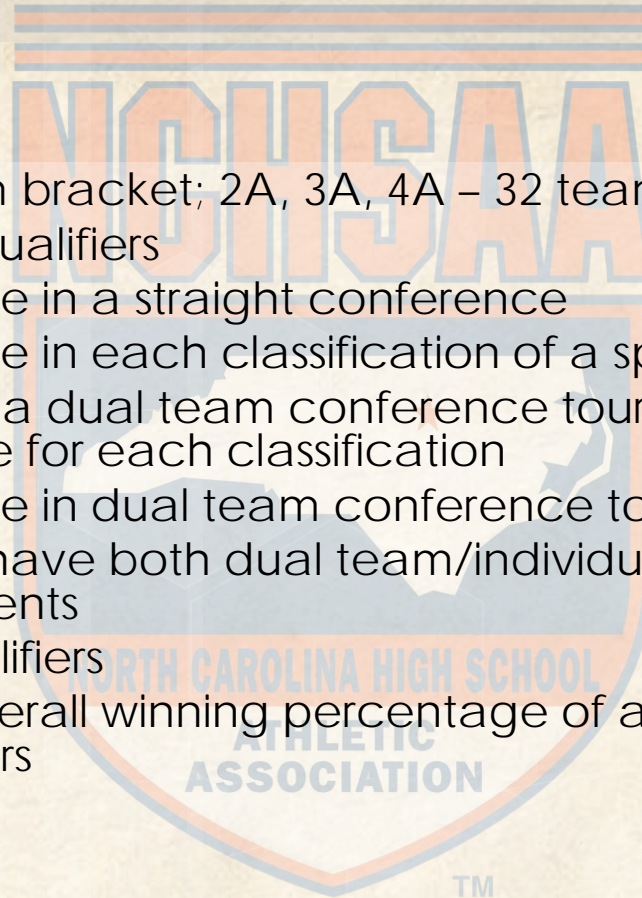
- ✦ Skill Development/Dead Periods
  - Dead Periods lengthened
    - Fall: August 1 - September 15
    - Winter: October 31 - December 15
    - Spring: February 13 - April 1
    - Also during football skill development
- ✦ Unlimited numbers during skill development
  - Max of 1.5 hours a day
- ✦ Playoff Berths/Qualifications/Seeding
  - 1 year pilot for all sports

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# Dual team playoffs

- ✦ 1A – 24 team bracket; 2A, 3A, 4A – 32 team bracket
- ✦ Automatic qualifiers
  - 1<sup>st</sup> place in a straight conference
  - 1<sup>st</sup> place in each classification of a split conference
    - If having a dual team conference tournament, cannot have one for each classification
  - 1<sup>st</sup> place in dual team conference tournament
    - Cannot have both dual team/individual conference tournaments
- ✦ At-large qualifiers
  - Best overall winning percentage of all non-automatic qualifiers





# Dual team playoffs

- ✦ Once the 24 or 32 teams have been determined
  - Divide into 4 groups of 6 (24) or 8 (32) based upon the longitude of the school
    - East, Mideast, Midwest, West
- ✦ Seeding
  - Seed all conference champions by overall record
  - Then, seed all dual team conference tournament champions by overall record
  - Then, seed all at-large teams by overall record





# Board Approved Items

- ❖ Pre-participation physicals required once every 395 days
- ❖ Require game officials to obtain and record the name of the game day administrator in charge of the event.
  - ❖ If no administrator is available, the Head Coach will be designated as the game day administrator.
  - ❖ Game day administrator will assign staff to monitor thunder/lightning



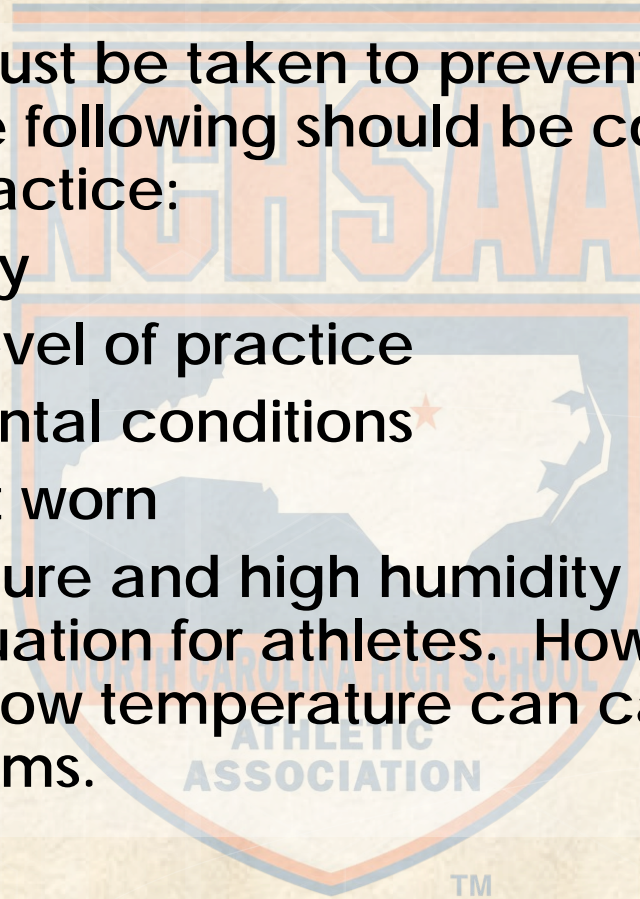
# Board Approved Items

- ◆ Fines for non-compliance maxed at \$2,500.
  - If a school/personnel has been non-compliant earlier in the academic year, the fine(s) are not reduced.
- ◆ \$500 penalty for practicing a student not currently enrolled at school. ATHLETIC ASSOCIATION
- ◆ Sports Wagering Position Statement



# Inclement/Hot Weather Guidelines

- ✦ Precautions must be taken to prevent heat-related problems. The following should be considered when scheduling practice:
  - Time of day
  - Intensity level of practice
  - Environmental conditions
  - Equipment worn
- ✦ High temperature and high humidity create a dangerous situation for athletes. However, a high humidity and low temperature can cause serious heat-related problems.





# Inclement/Hot Weather Guidelines

- ✦ Water should be available in unlimited amounts throughout practice. Water/fluid replacement breaks are recommended each 20 or 30 minutes, depending on practice conditions.
- ✦ Each LEA must have a written policy pertaining to practice on days of extreme heat or early dismissal due to extreme weather conditions. Schools must also have a policy in place regarding lightning.
- ✦ **\*\*In addition, schools must have a plan/procedure for all emergency situations.\*\***



# Sportsmanship

- ✦ Ethical conduct by players and coaches shall be observed at all times.
  - 1<sup>st</sup> offense: point penalty
  - 2<sup>nd</sup> offense: loss of game
  - 3<sup>rd</sup> offense: default of match
- ✦ Disqualification may occur at any time. Please help by monitoring your players' behavior throughout the season.
- ✦ Foot faulting is a violation of the rules. If a player complains, the respective coaches will need to discuss with both players to see if they can work out the problem or they will need to call for the remainder of the match.
- ✦ The use of cell phones by players on court is not allowed.



# Individual Regional Entries:

- ✦ Each school must submit their own singles/doubles entries to the Individual Regional Tournament even though the conference determines the qualifiers.
- ✦ Any schools who have failed to send in entries by the deadline (Monday prior to the tournament at 3 pm) may submit late entries to the NCHSAA by 3 pm the Wednesday prior to the regionals. The form may be found on the NCHSAA website (Tennis Page). A \$50 late fee will be assessed for each individual entry.  
**NO entries after this will be accepted.**

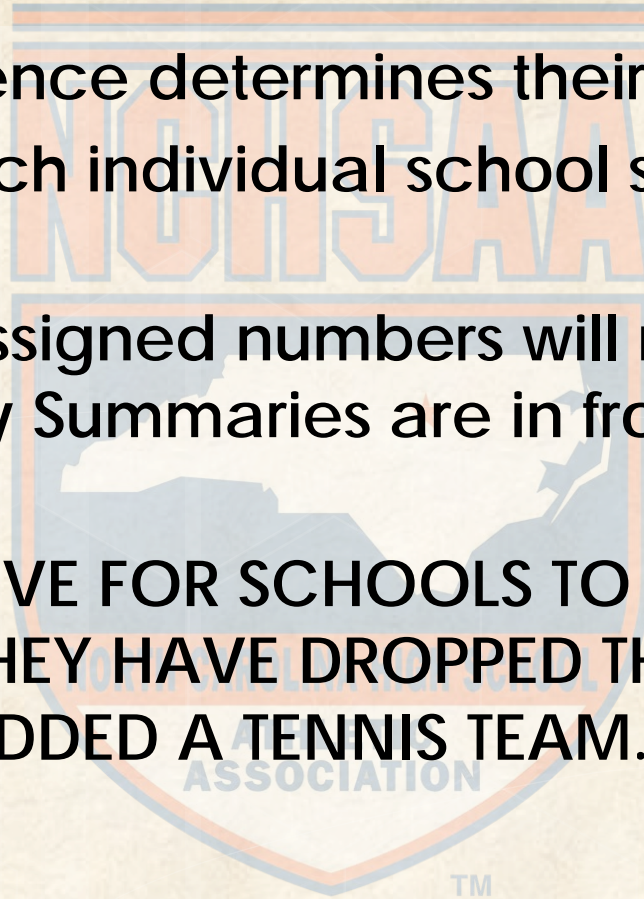


# Regional Qualifiers

- ✦ Each conference determines their qualifiers
- ✦ However, each individual school submits their entries

**\*\*Note: Assigned numbers will not be posted until eligibility Summaries are in from schools prior to playoffs\*\***

- ✦ **IT IS IMPERATIVE FOR SCHOOLS TO ADVISE THE NCHSAA IF THEY HAVE DROPPED THEIR TEAM OR IF THEY HAVE ADDED A TENNIS TEAM.**





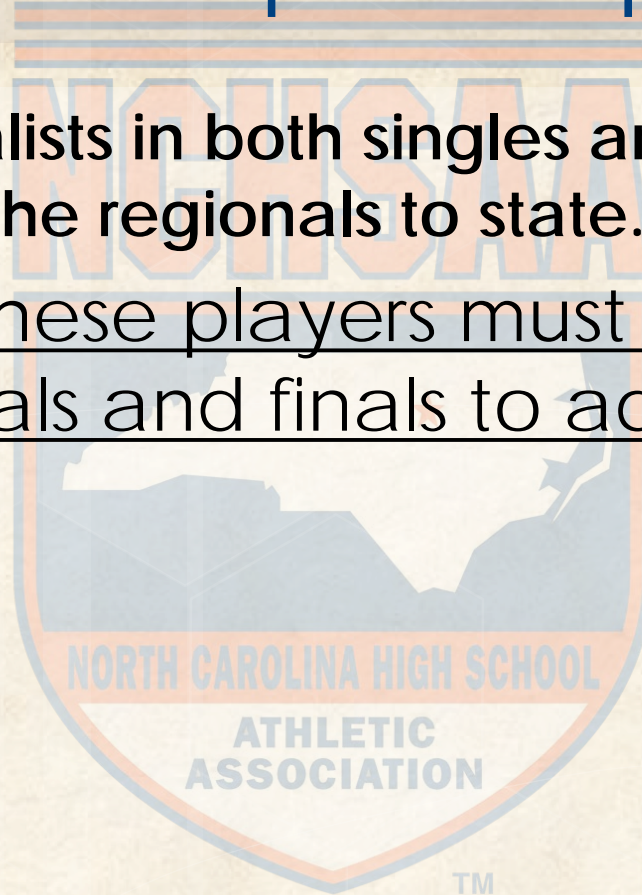
# Seeding for Individual Regionals:

- ✦ Seeding Process Piloted last year is now MANDATORY
  - Documentation and video of process posted on NCHSAA Tennis pages
- ✦ All regional directors must hold a seeding meeting and NO PRE-DETERMINED DRAWS WILL BE USED AT THE REGIONAL TOURNAMENTS (NO EXCEPTIONS).
- ✦ Play should begin at 2 pm.
- ✦ There should be 1 seed for every eight players. So based on a draw of 16 players, there will be 2 seeded players. You may also place two players. **Go no further than placing two players.**



# Qualifiers to Individual State Championships

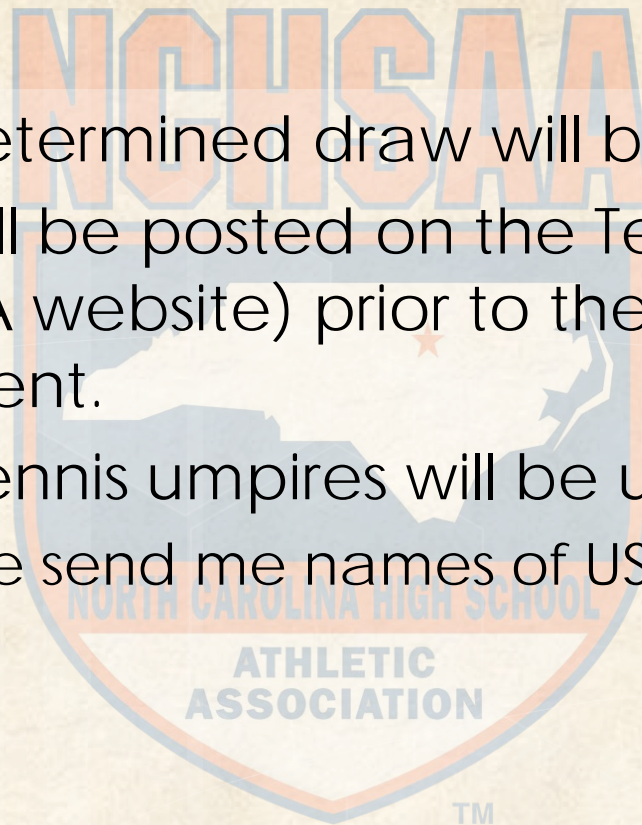
- ✦ The semi-finalists in both singles and doubles will qualify from the regionals to state.
- ✦ However, these players must participate in the semifinals and finals to advance





# Individual State Tournament:

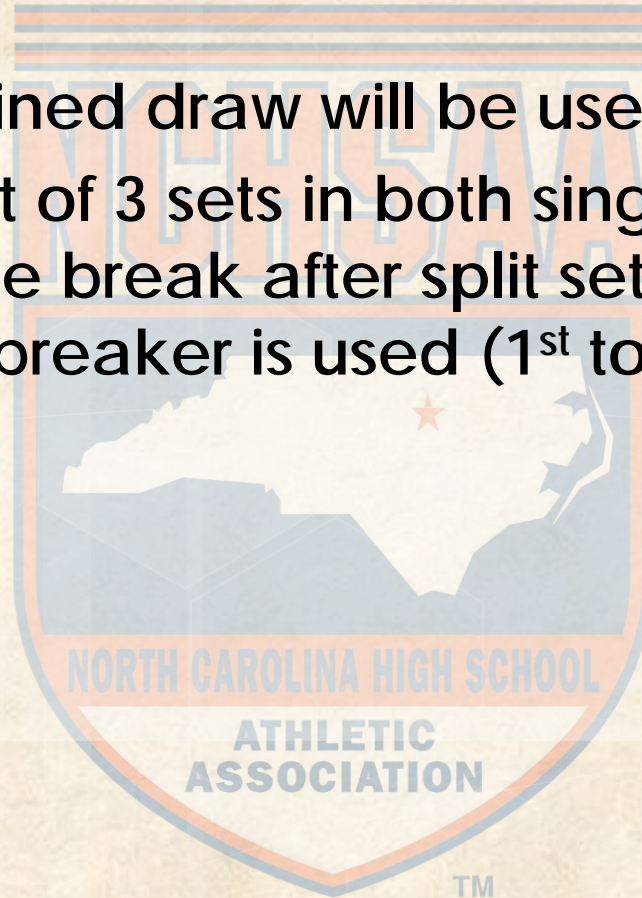
- ✦ A pre-determined draw will be used.
- ✦ Draws will be posted on the Tennis page (NCHSAA website) prior to the tournament.
- ✦ Roving tennis umpires will be used
  - Please send me names of USTA officials





# Individual State Championships

- ★ A predetermined draw will be used
- ★ Format: 2 out of 3 sets in both singles and doubles, with 10 minute break after split sets. If tied 6-6 in a set, a Set tie breaker is used (1<sup>st</sup> to seven, win by two).





# Dual Team State Championships

- ✦ Coaches Meeting: 9:00 am (2A & 4A)  
12:00 noon (1A & 3A)
- ✦ Match Times: 9:30 am (2A & 4A)  
12:30 pm (1A & 3A)
- ✦ Burlington Tennis Center
  - Women – November 5<sup>th</sup>
  - Men – May 20<sup>th</sup>





# Line-Up Sheets

- ★ Coaches must exchange both singles' and doubles' line-ups simultaneously no later than 15 min. prior to the match.
- ★ **\*\*New for this year\*\***
  - Sheets will be submitted online
  - Singles submitted only, doubles players should be added to lineup before each individual match
  - Doubles pairing (singles number) restriction still in place

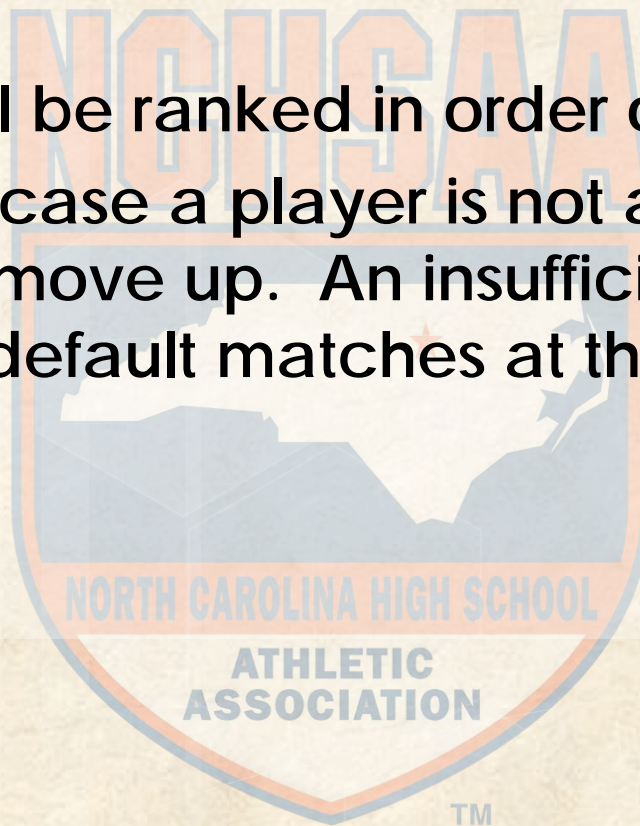
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# Line-Ups

- ◆ **\*\*Official line-up sheets will be posted on the website\*\***
- ◆ **\*\*Players shall be ranked in order of ability\*\***
- ◆ **\*In singles, in case a player is not available, all players must move up. An insufficient number of players shall default matches at the bottom of the line-up**





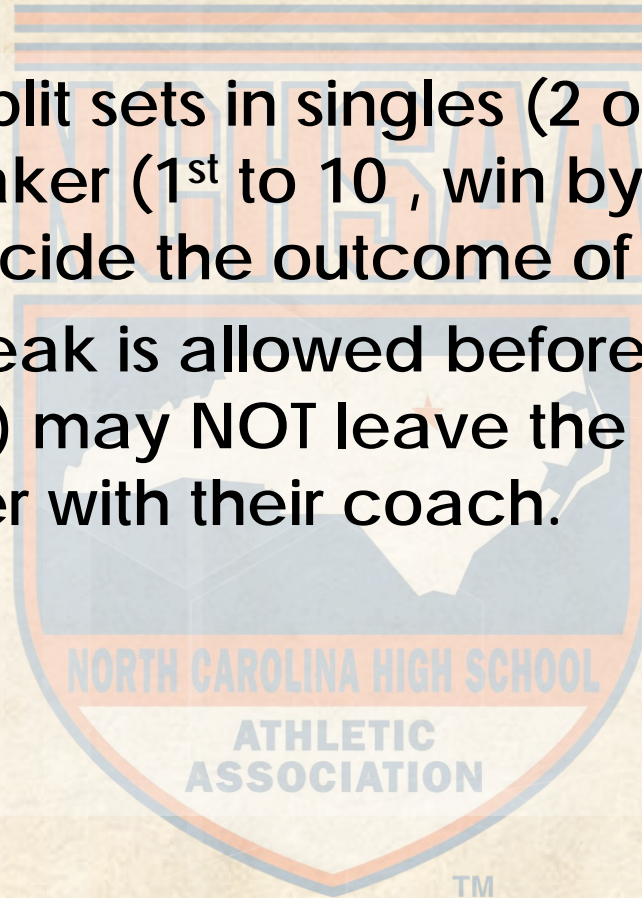
# Line-Ups

- ★ \*Singles players must have played 25% of the total team matches at a position in order to be seeded at that position unless there is an approved issue (injury, illness, etc.).
- ★ Proof must be provided at the conference meeting prior to submitting the line-up sheet to the NCHSAA and the approved reason must be given on the line-up sheet.



# Singles (Dual Team Playoffs)

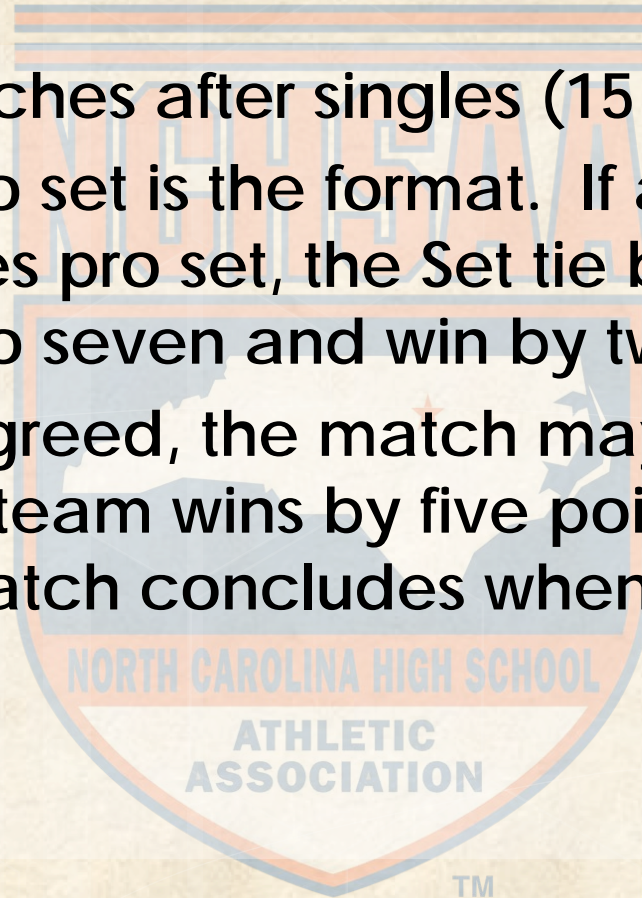
- ✦ **\*\*If players split sets in singles (2 out of 3 sets), a 10 point tie breaker (1<sup>st</sup> to 10 , win by two) will be played to decide the outcome of the match.**
- ✦ **A (3) min. break is allowed before the tie breaker, and player(s) may NOT leave the court during this time to confer with their coach.**





# Doubles (Dual Team Playoffs)

- ✦ Doubles matches after singles (15 min. break)
- ✦ -10 game pro set is the format. If a tie at the end of the doubles pro set, the Set tie breaker will be played. (1<sup>st</sup> to seven and win by two).
- ✦ If mutually agreed, the match may conclude as soon as one team wins by five points. At the State Finals, the match concludes when one team wins 5 points.





# Sportsmanship

The quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

- Wholesome athletic environment
- Good Sportsmanship > Victory
- Modest in victory, gracious in defeat
- Respecting judgment and integrity of game officials
- Role modeling good behavior

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# Ejection Policy

- ✦ Fighting
- ✦ Leaving the bench area
- ✦ Flagrant contact
- ✦ Biting
- ✦ Taunting, baiting or spitting toward an opponent or official
- ✦ Profanity
- ✦ Obscene gestures
- ✦ Disrespectfully addressing an official







# Eligibility & Compliance

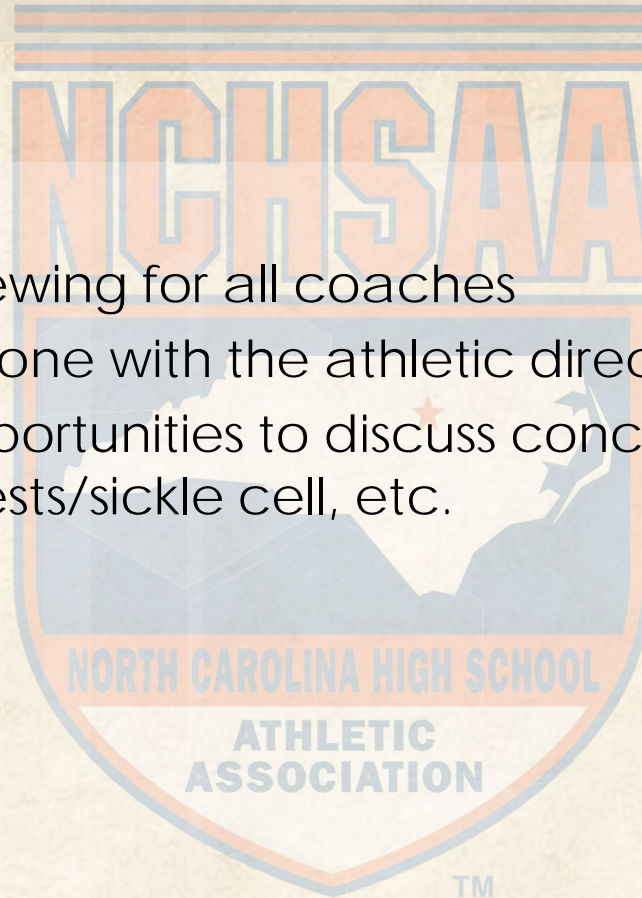




# Eligibility

## PowerPoint

- ✦ Required viewing for all coaches
- ✦ Should be done with the athletic director
- ✦ Includes opportunities to discuss concussions/sudden cardiac arrests/sickle cell, etc.

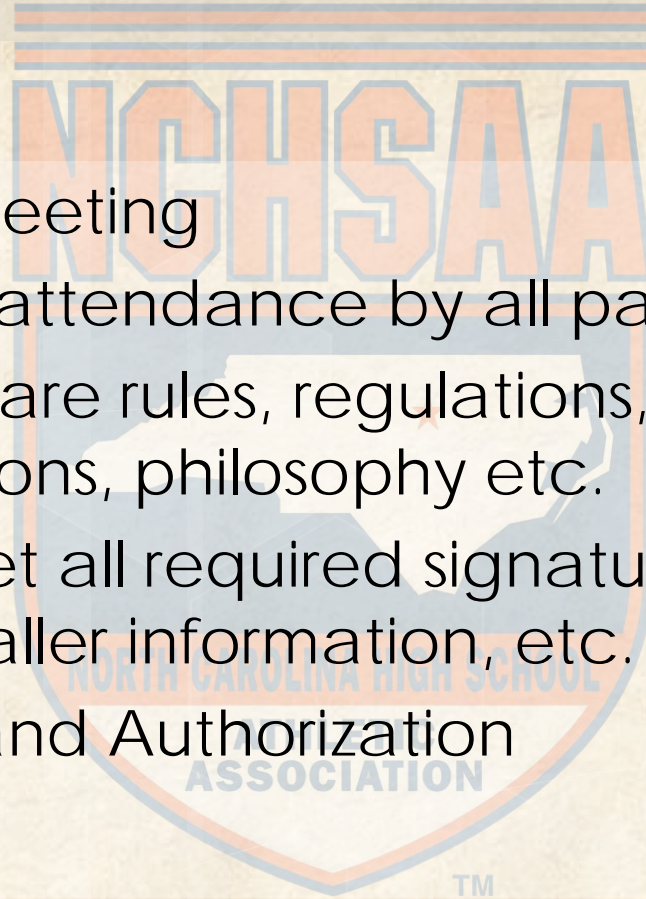




# Eligibility

## Preseason Meeting

- ✦ Required attendance by all parents
- ✦ Time to share rules, regulations, expectations, philosophy etc.
- ✦ Time to get all required signatures--pledges, Gfeller-Waller information, etc.
- ✦ Eligibility and Authorization

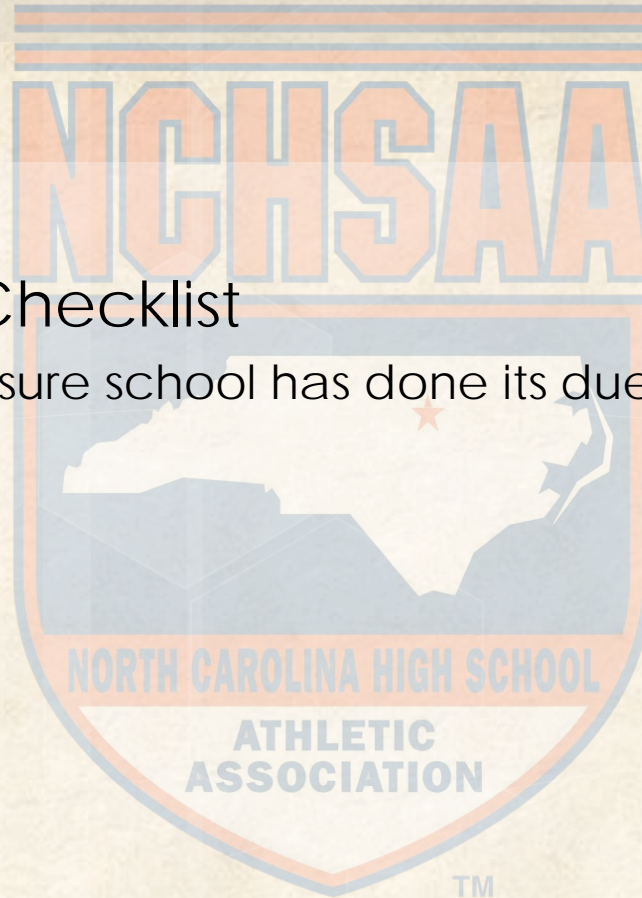




# Eligibility

- ◆ Eligibility Checklist

- Use to ensure school has done its due diligence





# Clinic Attendance

**Head** coaches in football, soccer, volleyball, basketball, wrestling, swimming, baseball, softball, golf, track & field and lacrosse must attend an NCHSAA approved State Rules Clinic.

- ★ Must be completed prior to coaching in the first contest; subject to \$400 fine, in addition to a \$500 fine if he/she actually coaches in the contest
- ★ Can be satisfied at the NC Coaches' Association Clinic being held here in Greensboro—July 18-21



# Clinic Attendance

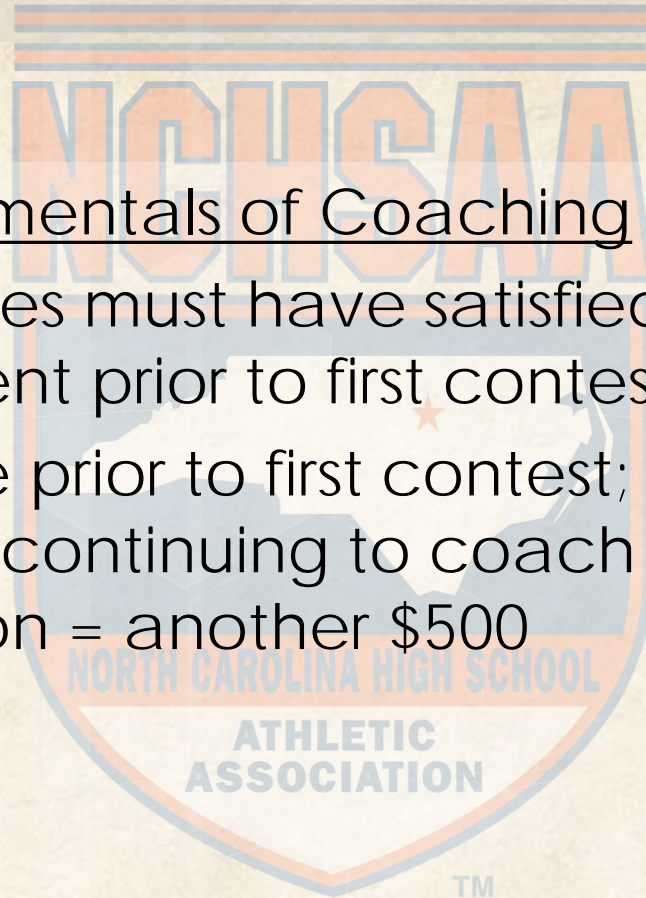
- ★ If the head coach cannot attend the NCCA clinic or is not hired until afterwards, the requirement can also be met at one of the statewide officials' clinics, which are posted on the NCHSAA Website under clinics. Please note that several volleyball and soccer clinics for officials occur prior to the NCCA Clinic.
- ★ **Athletic directors cannot satisfy this requirement by attending a rules' session in place of the head coach**



# Coaches' Education

## NFHS Fundamentals of Coaching Course

- ★ **All** coaches must have satisfied the requirement prior to first contest.
- ★ Complete prior to first contest; subject to a \$500 fine; continuing to coach without completion = another \$500





# Coaches' Education

## Concussion Management Certification

- ✦ The **NFHS Concussion Course** (free on-line course) or an equivalent course must be completed annually by all coaches
- ✦ **Prior to the first date of practice for that sport;** subsequently, the certificate of completion must be on file at the individual school; subject to \$500 fine

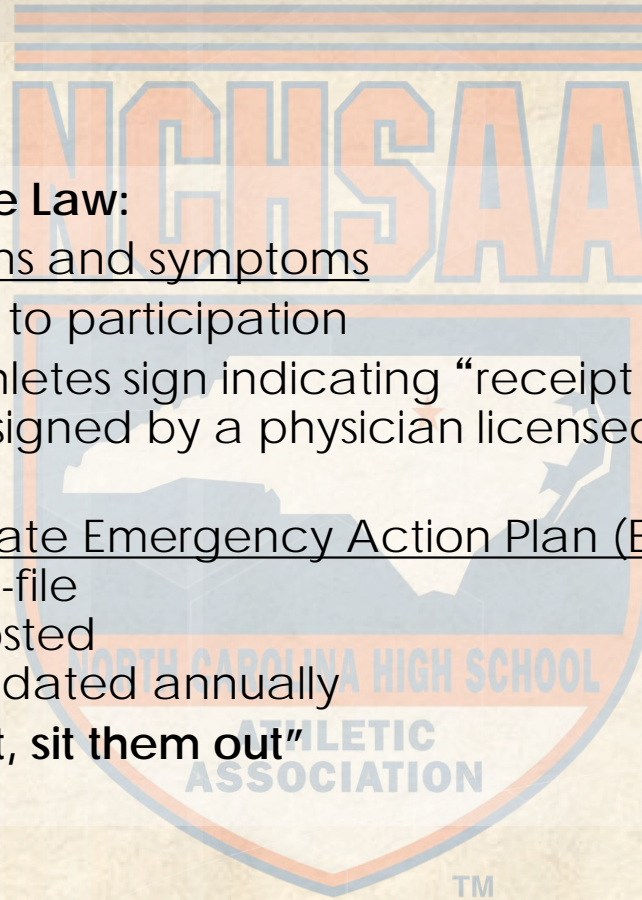




# Gfeller-Waller Concussion Law

## Requirements of the Law:

- ✦ Concussion signs and symptoms
  - Given prior to participation
  - Parents/athletes sign indicating “receipt of” Return to Play (RTP) form signed by a physician licensed to practice medicine
  - An up-to-date Emergency Action Plan (EAP)
    - Must be on-file
    - Must be posted
    - Must be updated annually
- ✦ **“When in doubt, sit them out”**

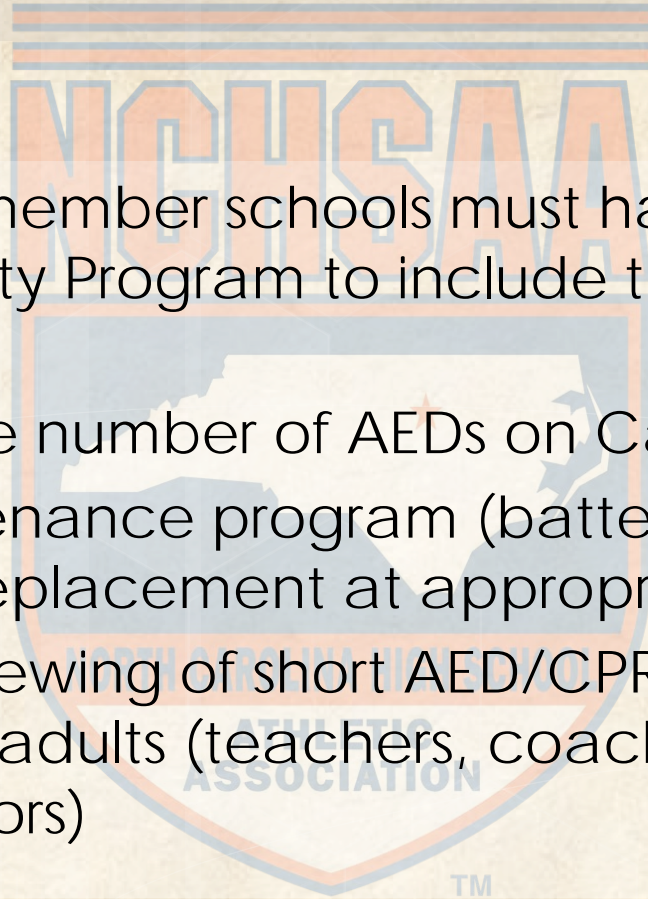




# Cardiac Safety Program

All NCHSAA member schools must have a Cardiac Safety Program to include three (3) components:

- ✦ Appropriate number of AEDs on Campus
- ✦ AED maintenance program (battery checks, maintain, replacement at appropriate intervals)
- ✦ Required viewing of short AED/CPR video for all supervising adults (teachers, coaches, administrators)

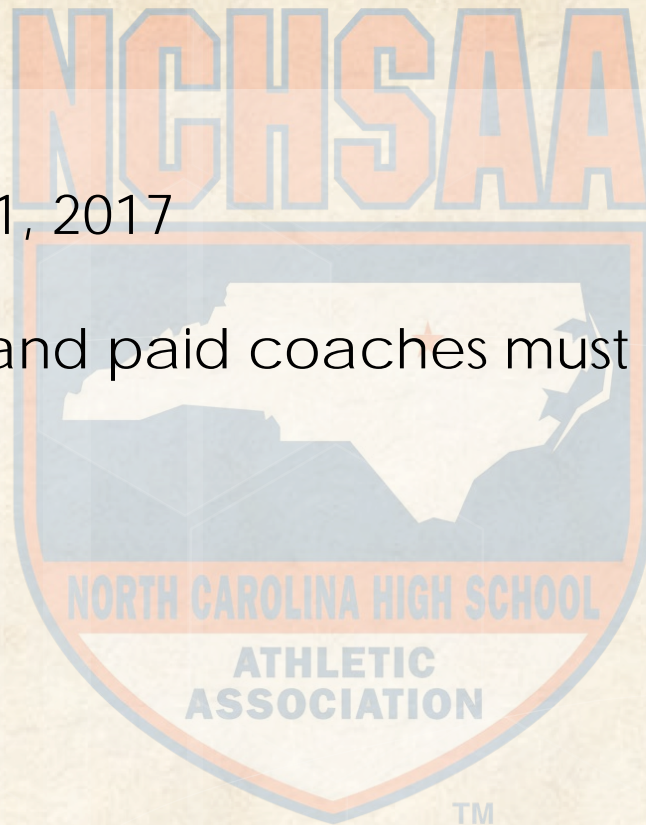




# Safety Policy

Effective Aug 1, 2017

That all head and paid coaches must be CPR/AED certified.





# Coaches' Education

## Accredited Interscholastic Coach (AIC)

- ★ Requires completion of 4 courses:
  - Fundamentals of Coaching
  - 1<sup>st</sup> Aid, Health & Safety for Coaches
  - Sport Specific Course or Teaching Sports Skills
  - Concussion in Sports (Free)





# Coaches' Education

## Certified Interscholastic Coach (CIC)

- ✦ Completion of AIC requirements
- ✦ Plus:
  - Teaching & Modeling Behavior
  - Engaging Effectively with Parents
  - Sportsmanship
  - Creating a Safe and Respectful Environment
  - Strength & Conditioning
  - 2 additional courses (User Choice)



# Sportsmanship

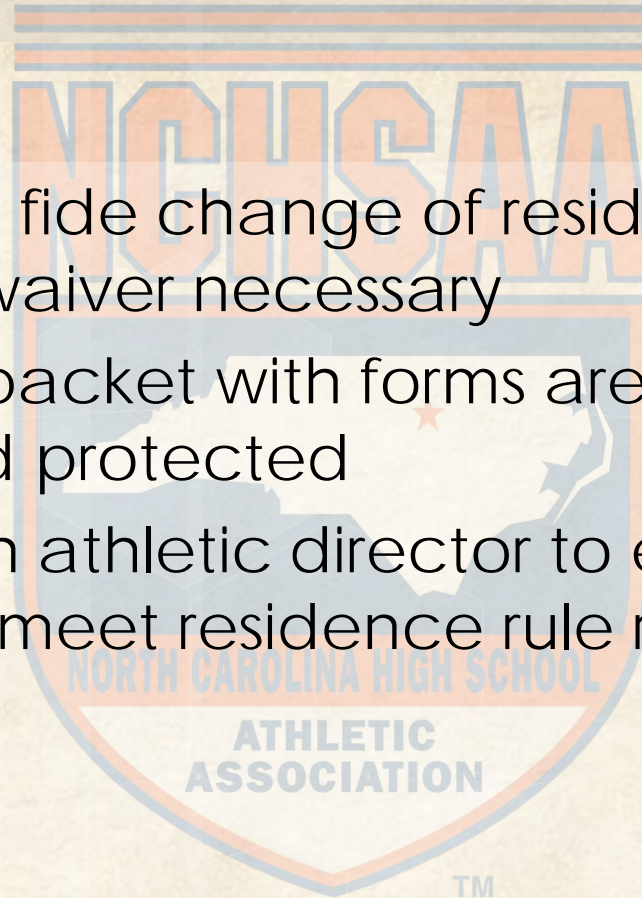
- ✦ Teaching & Modeling Behavior Course
  - Required for any coach ejected during a contest
  - Required for any coach who has player (s) ejected for fighting
- ✦ NFHS Sportsmanship Course
  - For any ejected/disqualified player
  - Free, on-line course ([nfhslearn.com](http://nfhslearn.com))
- ✦ All certificates must be sent to NCHSAA





# Transfer Policy

- ✦ If a bona fide change of residence—no transfer waiver necessary
- ✦ Transfer packet with forms are on-line; password protected
- ✦ Work with athletic director to ensure students meet residence rule requirements





# FINALLY:

- ★ Make it a priority to get involved with student services
- ★ Visit the NCHSAA website often
- ★ MaxPreps Reporting: Use MaxPreps for reporting your results throughout the season.

\*\*Thank you for your dedication to High School Tennis!\*\*

HAVE A GREAT YEAR!!